# **CURRICULUM VITAE**

## SUSAN FLOWERS BENTON, PhD, CRC

233 Blanks Hall

Department of Rehabilitation and Disability Studies Southern University and A & M College Baton Rouge, LA 70813

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### ACADEMIC EXPERIENCE

2019 Assistant Professor

Rehabilitation and Disability Studies

Principal Investigator

Vocational Rehabilitation and Technical Assistance

Center for Targeted Communities: Educate, Empower and Employ (VR-TAC-TC: Project E3)

Southern University and A & M College

Baton Rouge, LA

2017 T32 Primary Care Fellow

Family Medicine and Community Health University of Wisconsin – Madison, WI

2017 Ph.D. Rehabilitation Psychology

University of Wisconsin - Madison, WI

2008 M. S. Rehabilitation Counseling

Southern University and A & M College – Baton

Rouge, LA

2002 Bachelor of Science Degree in Sociology

Louisiana State University – Baton Rouge, LA

### LICENSES/CERTIFICATIONS

2016 Certified Rehabilitation Counselor (CRC)

License Number: 00187680

### **DISSERTATION TITLE**

2017 Living Well Together: A Qualitative Analysis of a

Modified Version of the Chronic Disease Self-

Management Program for Older African Americans with Chronic Illness

### **EXTERNAL FUNDING**

Grants Awarded 6/30/19 – 6/29/21

R03 Small Research Grant Program for the Next Generation of Clinical Researchers in Alzheimer's Disease (AD) and Alzheimer's

Disease Related Dementias (ADRD) Research **Funding Amount:** \$200,000 (PI: Flowers Benton)

Title: Building Relationships Between Researchers and the

Community to Increase African American Participation in Alzheimer's

Disease Research
Source: NIH/NIA

**Goal:** To evaluate the impact of culturally-tailored, service-based recruitment model on the research attitudes and beliefs of middle age and older African American adults, and the effects of the program, specifically research sponsored community activities, on research participation and engagement.

Completed Funding 5/1/16 – 10/31/17

R36 Aging Research Dissertation Awards to Increase Diversity

**Funding Amount:** \$66,365 (PI: Flowers Benton)

**Title:** Living Well Together: A Chronic Disease Self-Management Program for Older African Americans with Chronic Illness

**Source:** NIH/NIA

**Goal:** To develop and test intervention combining 2 evidence-based approaches targeting social support and chronic disease self-

management: the New York University Caregiver Intervention and the Chronic Disease Self-Management Program (CDSMP), also known as Living Well, as well as identify factors influencing African American engagement in the Chronic Disease Self-Management program.

### PROFESSIONAL EXPERIENCE

2017- present Postdoctoral Fellow

Primary Care Fellowship University of Wisconsin

Department of Family Medicine and Community Health

Madison, WI

2014 - 2016 Research Assistant/Neuropsychological Testing

University of Wisconsin Alzheimer's Disease Research Center

(ARDC) UW Hospital, Madison, WI

 $Responsible \ for \ administration \ of \ neuropsychological \ assessment$ 

battery, and the scoring and interpretation of results.

2013 - 2014

Research Assistant/Project Manager Living Well with Memory Partners Geriatric Research, Education and Clinical Center, William S. *Middleton* Memorial *Veterans Hospital* Madison, WI

Served as Project Manager for the Living Well with Memory Partners Research Program. Specific duties include coordinating grant activities, participant recruitment, providing group counseling services and communication training to participants, resource referrals.

2012 - 2013

**Project Assistant** 

Alzheimer's Disease Research Center Pilot Grant Funding Program Geriatric Research, Education and Clinical Center Madison, WI

Served as Project Assistant for the ARDC Pilot Funding Program. Specific duties include coordinating meeting times, keeping meeting minutes, reviewing letters of intent, collaborating with other team members to identify and contact potential grant reviewers.

2008-2011

**Project Coordinator** 

Southern University Rehabilitation Capacity Building Project Department of Rehabilitation and Disability Studies Southern University and A & M College Baton Rouge, LA

Served as Project Coordinator for Rehabilitation Capacity Building Project. Specific services provided directly to program participants include reviewing grant proposals, providing technical assistance and feedback to participants throughout the grant writing process, and presenting information on grant writing, budgeting, and program evaluation. Administrative duties included managing day-to-day activities of the project, budgeting, recordkeeping, assisting with grant-writing and

funding activities, completing annual reports for Rehabilitation Services Administration (RSA), program evaluation, collaborating with other capacity building programs to plan and facilitate grant writing workshops, making travel arrangements, processing travel scholarships and reimbursements, and administering and coordinating annual Tribal VR Program activities.

2010

Substance Abuse Evaluator Alert Driving School Baton Rouge, LA Served as a substance abuse evaluator for a court-mandated driving program for individuals convicted of DUI. Responsibilities included: administration of assessment tools, interpretation of results, report writing, and forwarding report and recommendations to the appropriate parties.

2008

Support Coordinator Independent Living, Inc. Baton Rouge, LA

Employed as a support coordinator for individuals with severe physical,

psychiatric, and cognitive disabilities. Specific direct service responsibilities included conducting new client intakes, treatment planning, case management, regular home visits, and locating resources and opportunities for further community integration consistent with individual needs, interests and abilities. Other administrative/supervisory duties included interviewing, supervision, placement, training and evaluation of direct service personnel.

2003-2007

Student Services Coordinator Adult Literacy Advocates Baton Rouge, LA

Served as a student services coordinator for students in the Adult Basic Education, Pre-GED/ GED, and High School Diploma Programs. Direct service responsibilities included conducting new/returning student intake interviews, assessment of the student's educational level, class placements, providing information and referral to other programs, counseling individuals, developing and maintain relationships with community referral sources, mediating difficult situations between students, teachers and tutors, and assessing progress. Other administrative responsibilities included recruitment of students and volunteer tutors, developed program handbook, developed and implemented new student intake and orientation procedures, maintained database of students, volunteers and donors, monthly reports to board members, annual reports for funders.

### PRACTICUM AND INTERNSHIP EXPERIENCE

Fall 2012 – Spring 2013

Doctoral Level Practicum
Geriatric Research, Education and Clinical Center (GRECC)
William S. Middleton Memorial Veterans' Hospital
Madison, WI

Responsible for learning all aspects of the proper assessment and diagnosis of dementia including: client interview, administration of neuropsychological assessment battery, scoring and interpretation of results, presentation of findings during multidisciplinary team meetings, and report and recommendation writing.

Fall 2007 – Spring 2008

Master's Level Internship Louisiana Rehabilitation Services Baton Rouge, LA

Responsible for learning all aspects of Vocational Rehabilitation Counseling for a specialized caseload: Individuals with traumatic brain injuries and spinal cord injuries. Responsibilities included: intake interviews, arranging for physical, mental, academic, vocational, and other evaluations, analyzing information from interviews, records, and reports to assess clients' abilities, needs, and eligibility for services, maintaining case notes recording consumer progress and services provided, conducting home visits, IEP development and implementation, developing and maintain relationships with community referral sources, assisting consumer to identifying barriers to client employment, suggesting and advocating for appropriate strategies and accommodations, and arranging for onsite job coaching or assistive devices.

### TEACHING EXPERIENCE

Fall 2019 Instructor – Medical Aspects of Disability

Rehabilitation and Disability Studies

Southern University and A & M College, Baton Rouge, LA

Summer 2019 Instructor – Applications of Assistive Technology

Rehabilitation and Disability Studies

Southern University and A & M College, Baton Rouge, LA

Spring 2017 Co-Instructor - Foundations of Rehabilitation Counseling

Teaching Assistant – Internship: Rehab/Special Ed

Rehabilitation Psychology and Rehabilitation Counselor Education

University of Wisconsin – Madison

Fall 2016 Teaching Assistant/Instructor – Internship: Rehab/Special Ed

Rehabilitation Psychology and Rehabilitation Counselor Education

University of Wisconsin – Madison

Spring 2016 Teaching Assistant – Addictions Counseling

Teaching Assistant/Instructor – Internship: Rehab/Special Ed Rehabilitation Psychology and Rehabilitation Counselor Education University of Wisconsin – Madison

Fall 2015 Teaching Assistant – Rehab Counseling Psych – Application

Teaching Assistant/Instructor – Internship: Rehab/Special Ed

Rehabilitation Psychology and Rehabilitation Counselor Education

University of Wisconsin – Madison

Summer 2015 Teaching Assistant – Group Processes

Teaching Assistant - Internship: Rehab/Special Ed

Rehabilitation Psychology and Rehabilitation Counselor Education

University of Wisconsin – Madison

2012 – 2013 Teaching Assistant – Rehab Counseling Psych – Application

Teaching Assistant – Medical Aspects of Disability

Rehabilitation Psychology and Rehabilitation Counselor Education

University of Wisconsin – Madison

2011 – 2012 Teaching Assistant/Instructor – Internship: Rehab/Special Ed (RPSE

630)

Rehabilitation Psychology and Rehabilitation Counselor Education

University of Wisconsin – Madison

### **PUBLICATIONS**

### **Published Manuscripts:**

- Umucu, E., Wyman, M., Lee, B., Zuelsdorff, M., **Benton, S. F.,** Nystrom, N., ... & Gleason, C. E. (2018). Apathy in Preclinical Alzheimer's Disease: Psychometric Validation of the Apathy Evaluation Scale. *American Journal of Alzheimer's Disease & Other Dementias*®, 1533317518794020.
- Johnson, E. J., Chan, F., Kaseroff, A., Kriofske Mainella, A., **Flowers, S.,** Morrison, B., Sung, C., Catalano, D., & Iwanaga, K. (2017). Psychosocial mechanisms explaining the association between spirituality and happiness in individuals with spinal cord injuries. *Journal of Rehabilitation*, 83(4), 34-42.
- Chan, F., Tansey, T. N., Chronister, J., McMahon, B. T., Iwanaga, K., Wu, J. R., ... & **Flowers,** S. (2017). Rehabilitation counseling practice in state vocational rehabilitation and the effect of the Workforce Innovation and Opportunity Act (WIOA). *Journal of Applied Rehabilitation Counseling*, 48(3).
- Chan, F., Keegan, J., Muller, V., Kaya, C., **Flowers, S.**, & Iwanaga, K. (2016). Evidence-based practice and research in rehabilitation counseling. In I. Marini & M. A. Stebnicki (Eds.), *The professional counselor's desk reference* (2<sup>nd</sup> ed., pp. 605-610). New York: Springer Publishing Company.
- Gleason, C., Dowling, N. M., **Benton, S. F.**, Kaseroff, A., Gunn, W., & Edwards, D. F. (2016). Common Sense Model factors affecting African Americans' willingness to consult a

- healthcare provider regarding symptoms of mild cognitive impairment. *The American Journal of Geriatric Psychiatry*, 24(7), 537-546.
- Dutta, A., Kang, H, J., Kaya, C., **Flowers, S.**, Sharp, S., Chan, F., Cardoso, E., & Kundu, M. (2015). Social Cognitive Career Theory predictors of STEM career interests and goal persistence in minority students with disabilities: A path analysis. *Journal of Vocational Rehabilitation*, 43, 159-167.
- Fitzgerald, S., Umucu, E., Arora, S., Huck, G., **Benton, S. F.**, & Chan, F. (2015). Psychometric validation of the Clubhouse climate questionnaire as an autonomy support measure for people with severe mental illness. *Journal of Mental Health*, *24*, 38–42.

### **Manuscripts Under Review:**

- Goldstein, E., **Flowers Benton, S.** The clinical practice of asking, listening, and accepting is doing: A qualitative analysis of African American primary care patients with childhood trauma
- Goldstein, E., **Flowers Benton, S.** (under review) Assessing patient satisfaction and improvement of a primary care-specific intervention with low-income Black patients with childhood trauma. *Journal of Healthcare for the Poor and Underserved*. Manuscript number: JHCPU-Feb-2019-OP-0066

### **Manuscripts in Preparation:**

- Flowers Benton, S., Kaseroff, A., Jacobson, N., Mahr, M., Gunn, W., Emucu, E., Edwards, D. F., & Gleason, C. Using the Extended Parallel Processing Model to understand aging African Americans' decision to undergo screening for cognitive disorders
- Gilmore-Bykovskyi, A., **Flowers Benton, S.** Addressing Inclusion of Disadvantaged Populations in Alzheimer's disease Research: A Systematic Review of Recruitment and Retention Strategies and Participant Perspectives.
- **Flowers Benton, S.,** Development and feasibility of an adapted health self-management intervention for older African American adults with multiple chronic conditions and mild cognitive impairments
- **Flowers Benton, S.** "It takes all of us, working together": The case for including social support in program design, experiences of older African American adults with multiple chronic illnesses in a culturally-tailored health self-management program

### **PRESENTATIONS**

### **Plenary Sessions:**

**Flowers Benton, S.** (2015, September). *Cultural aspects of care*. Wisconsin Update in Geriatric Medicine, Delevan, WI.

**Flowers Benton, S.** (2015, November). *Living well together*. Wisconsin Alzheimer's Disease November Update, Madison, WI.

### **Concurrent Sessions:**

Johnson-Milligan, E., Yaghmaian, R., Sanchez, J., Mahr, M., Pete, J., & **Flowers Benton, S.** (2017, April). *Twenty-five years of multicultural counseling competencies: Where do we go from here?* NCRE Spring Conference, Anaheim, CA.

**Flowers Benton, S.** (2015, September). *African American women and healthy aging*. September, 2015. Black Women's Wellness Expo, Madison, WI.

Bendlin, B. & **Flowers Benton, S.** (2015, August). *Modifiable risk factors for dementia: Living well and maintaining health in older age.* Wisconsin Healthy Aging Summit, Steven's Point, WI.

Dutta, A., Kang, H., J., Kaya, C., **Flowers Benton, S.,** Sharp, S., Chan, F., Cardoso, E., & Kundu, M., (2014, April). *SCCT Model of STEM goal persistence for minorities with disabilities: A path analysis*. National Council on Rehabilitation Educators Conference, Manhattan Beach, CA.

### **Poster Presentations:**

**Flowers Benton, S.**, Kaseroff, A., Gunn, W., Carter, F. Hills, O., Phillips, B., Tansey, T., Rosenthal, D., Chan, F., & Gleason, C. (2018, July). *The Living Well Together program: A qualitative analysis of a health self-management program for aging African Americans with chronic illness.* Alzheimer's Association International Conference, Chicago, IL

Carter, F., **Flowers Benton, S.**, Farrar Edwards, D., Blazel, H., Harris, B., Lucille, J., Smith, T., Green-Harris, G., Carlsson, C., Johnson, S., & Gleason, C., (2018, July). *Key elements supporting recruitment and retention of under-represented groups into research: Our experience in the African American community*. Alzheimer's Association International Conference, Chicago, IL

Gleason, C., Norton, D., Nystrom, N., Zuelsdorff, M., Wyman, M., **Flowers Benton, S.**, Carter, F., Harris, B., Kukull, W., Koscik, R., Jonaitis, E., Skenandore, D., Walaszek, A., Farrar Edwards, D., Carlsson, C., Johnson, S., & Asthana, S. (2018, July). *Incident dementia in non-Hispanic African Americans and whites with Mild Cognitive Impairment: Can we make racial comparisons using Alzheimer's Disease Center data?* Alzheimer's Association International Conference, Chicago, IL.

- Zuelsdorff, M., Gleason, C., Kind, A., Koscik, R., Wyman, M., **Flowers Benton S.**, Johnson, S., & Okonkwo, O. (2018, July). *Informal caregiving and cognitive health: Sociocultural differences among middle-aged and older adults at risk for Alzheimer's disease*. Alzheimer's Association International Conference, Chicago, IL.
- Clark, L., Johnson, H., Berman, S., Norton, D., Carter, F., Harris, B., **Flowers Benton, S.**, Zuelsdorff, M., Nystrom, N., Wyman, M., Bendlin, B., Carlsson, C., Wieben, O., Turski, P., Rowley, H., Asthana, S., Johnson, S., & Gleason, C. (2018, July). *Association of cardiovascular risk factors with micro- and macrovascular cerebral function in whites and African Americans*. Alzheimer's Association International Conference. July 2018, Chicago, IL.
- Skenandore, D., Walaszek, A., Norton, D., Nystrom, N., Zuelsdorff, M., **Flowers Benton, S.,** Wyman, M., Carlsson, C., Johnson, S., Asthana, S., & Gleason, C. (2018, July). *Demographic and referral differences between Whites and Native Americans enrolled in the Alzheimer's Disease Centers: Considerations when examining the racial differences in incident dementia.* Alzheimer's Association International Conference, Chicago, IL.
- Nystrom, N., Cook, J., Norton, D., Zuelsdorff, M., Wyman, M., **Flowers Benton, S.,** Carlsson, C., Johnson, S., Asthana, S., & Gleason, C. (2018, July). *Tobacco exposure & cessation is associated with incident dementia and nursing home placement.* Alzheimer's Association International Conference, Chicago, IL.
- Zuelsdorff, M., Okonkwo, O., Shouel, H., **Flowers Benton, S.,** Wyman, M., Nystrom, N., Johnson, S., & Gleason, C. (2018, July). *Psychosocial predictors of hippocampal volume and cognition among African American and White older adults at risk for Alzheimer's disease.* Alzheimer's Association International Conference, Chicago, IL.
- **Flowers Benton, S.**, Kaseroff, A., Mahr, M., Gunn, W., Chan, F., Edwards, D., & Gleason, C., (2017, July). *A mixed methods analysis of social cognitive factors influencing older African American's intention to participate in screening for mild cognitive impairment*. Alzheimer's Association International Conference, London, United Kingdom.
- Gleason, C., Edwards, D., Gunn W., Ramos, R., **Flowers-Benton S.**, Chappell R., Green-Harris G., & Izard, P. (2014, May). *Who attends memory screening events? Characteristics of African Americans attending memory screening events*. 29th International Conference of Alzheimer's Disease International, San Juan, Puerto Rico.
- **Flowers Benton S.,** Edwards, D., Gunn, W., Izard, R., Kaseroff, A., Ramos, R., Dickson, T., Hills, O., Daniel C., Harris, B., & Gleason, C. (2014, July). *The influence of the doctor-patient relationship on willingness of African Americans to discuss memory loss with health care professionals*. Alzheimer's Association International Conference, Copenhagen, Denmark.
- Gunn, W., Ramos, R., **Flowers Benton S.**, Edwards, D., & Gleason, C. (2014, July). *Investigating the impact of different types of social support on timely detection of mild cognitive impairment in a community sample of African Americans*. Alzheimer's Association International Conference, Copenhagen, Denmark.

Mahr, M., Flowers Benton S., Kaseroff, A., Gunn, W., Edwards, D., Daniel, C., Izard, P., & Gleason, C., (2014, September). *Enlisting social support for African American participation in memory screening*. UW Women's Health and Health Equity Research Symposium. Madison, WI.

**Flowers Benton S.**, Kaseroff A, Mahr M, Gunn W, Daniel C, Edwards DF, Izzard P, Gleason C. (2014, September). *Increasing mild cognitive impairment screening participation among African Americans*. UW Women's Health and Health Equity Research Symposium, Madison, WI.

Johnson, E., **Flowers Benton, S.,** Sanchez, J., & Mueller, V. (2013, April). *Social support for African Americans and Hispanics/Latinos with chronic illness and disability*. NCRE Spring Conference, Manhattan Beach, CA.

### **AWARDS AND HONORS**

July 2014 Travel Fellowship, Alzheimer's Association International Conference,

Copenhagen, Denmark

April 2008 Southern University Student Rehabilitation Association Graduate

**Assistant Award** 

February 2007 Chi Sigma Iota Honor Society Student President, Southern University

Chapter

### **MENTORING**

2018-2019 Chancellor's Scholar Mentor-Friend Gunderson, Celeste

2018 Undergraduate Research Scholar Mentor Sara Doughty Emma McKeel

2015 - present

Rehabilitation Psychology Doctoral Student Weneaka Jones (August 2019 - Clinical Assistant Professor, Counselor

Education and Counseling Psychology, Marquette University, Milwaukee, WI)

### **COMMUNITY SERVICE**

2018-2019 Referee for Journals

Alzheimer Disease & Associated Disorders - An International Journal

Sage Open

Curriculum Vitae: Susan Flowers Benton

February 2018 Committee Member and Invited Speaker

Infamous Mothers Talkback Conference

Madison, WI

February 2018 –

**Steering Committee Member** 

present

8<sup>th</sup> Annual Solomon Carter Fuller Memory Screening

Madison, WI

December 2017 -

Member

present

Oneida Community Advisory Board

Oneida, WI

February 2017

Steering Committee Member

7<sup>th</sup> Annual Solomon Carter Fuller Memory Screening

Madison, WI

September 2015

Panel Presenter, Black Women and Healthy Aging

7<sup>th</sup> Annual Black Women's Wellness Day

Madison, WI

2013-present

Facilitator

Health Issues Support Group

First Unitarian Universalist Church

Madison, WI

2013-present

Member

African American Alzheimer's Community Advisory Board

Alzheimer's and Dementia Alliance of Wisconsin

Madison, WI

2012-present

Community Outreach/Neuropsychological Tester Alzheimer and Dementia Alliance of Wisconsin

University of Wisconsin Alzheimer's Disease Research Center

Various dates and locations in Madison and Beloit, WI

### SPECIALIZED TRAINING

Selected Scholar, NIA Mock study section, Alzheimer's Disease-Related Dementias Summit 2019, (<a href="https://meetings.ninds.nih.gov/Home/Index/21149">https://meetings.ninds.nih.gov/Home/Index/21149</a>), National Institute on Aging/National Institute of Neurological Disorders and Stroke, March, 2019, Bethesda, MD.

University of Wisconsin Institute for Clinical and Translational Research D & I Short Course: A Vision for Health Equity: Applying a Health Equity Lens to Dissemination and Implementation Science. (https://ictr.wisc.edu/dni-short-course-2018/), November, 2018, Madison, WI.

African American Participation in AD Research: Effective Strategies, (<a href="https://knightadrc.wustl.edu/Education/AAPR.htm">https://knightadrc.wustl.edu/Education/AAPR.htm</a>), Knight Alzheimer's Disease Center, October 2018, St. Louis, MO.

Selected Scholar, Butler Williams Scholars Program (<u>www.nia.nih.gov/research/osp/butler-williams-scholars-program</u>), National Institute on Aging, July, 2018, Bethesda, MD.

Selected Scholar, Health Equity Leadership Institute (<a href="www.heli.com">www.heli.com</a>), The University of Wisconsin-Madison School of Medicine and Public Health & The University of Maryland School of Public Health, June, 2018, Madison, WI.

National Research Mentor Network (NRMN) Postdoc Mentorship Training (<a href="https://nrmncan-sites.uchicago.edu/page/upcoming-events">https://nrmncan-sites.uchicago.edu/page/upcoming-events</a>), May 2018, Chicago, IL.

Selected Scholar, Michigan Center for Urban African American Aging Research (MCUAAAR) 2015 Summer Workshop on African American Aging, June 2015, Detroit, MI.

Selected Scholar, RSA – NIDRR Grant Writing, Technical Assistance, and Mentoring Workshop, Grant Writing Technical Assistance, September 2013, Baton Rouge, LA.

### **MEMBERSHIPS**

Big Ten Academic Alliance Professorial Advancement Initiative (<a href="http://www.btaa.org/leadership/pai/pai-home">http://www.btaa.org/leadership/pai/pai-home</a>), December 2017Madison, WI, December 2017 to present

2014	Student Member, ISTAART
2013	Student Member, International Association of Rehabilitation Professionals
2012	Student Member, APA Division of Rehabilitation Psychology
2008	Member, Consortium of Administrators for Native American Rehabilitation
2006	Student Member, National Council on Rehabilitation Education
2006	Student Member, National Rehabilitation Association
2006	Student Member, National Association of Multicultural Rehabilitation Concerns