About Program

Therapeutic Recreation, also known as recreation therapy, is a unique profession that uses recreation and activity-based interventions to help improve people’s physical, emotional, cognitive, social, spiritual and leisure functioning to enjoy life more fully.

The Graduate Certificate in TR program at SUBR is for those who already have a four year degree from an accredited institution and who would like to pursue certification as a recreation therapist or continued education credits for certified professionals.

The Therapeutic Recreation Specialist, also known as a Recreation Therapist (RT), assists clients to develop skills, knowledge and behaviors for daily living and community involvement. As an RT, you will actively work with a client (and the family) to combine leisure interests and community resources together with therapy. This helps the client get the best results which in turn can help in his/her real life situation.

Upon completion of the curriculum, students may apply to take a national certification examination. Please note under the equivalency path to certification, full-time paid work experience is required instead of an academic internship experience.

Application:

Students need to hold a minimum of a bachelor’s degree to enter the Certificate Program. In addition, individuals who are certified with the National Council for Therapeutic Recreation Certification (NCTRC) may wish to complete 1 or more courses to comply with continuing education requirements. The first step to declaring a Certificate in Therapeutic Recreation is to submit an application for admission to SUBR graduate school.

To meet the criteria for taking the national examination students need to have the following required courses.

Additional courses needed:
- Human Anatomy and Physiology 3 credits
- Developmental Psychology 3 credits
- Abnormal Psychology 3 credits

APPLICATION PROCESS

Submit an application to the Graduate School and select Therapeutic Recreation certification on the application. Along with the application, submit to the graduate college the following:

Transcripts of all undergraduate and graduate courses completed (regular Admission requires a minimum GPA of 2.7) A brief essay discussing your Reasons for wanting to work towards a Post Baccalaureate Certification in Therapeutic Recreation and 2 recommendation letters. Students are accepted during the Fall semester.
SOUTHERN UNIVERSITY SCHOOL OF NURSING
CURRICULUM PLAN

SOUTHERN UNIVERSITY THERAPEUTIC RECREATION
GRADUATE CERTIFICATE PLAN
P.O. Box 11794 Baton Rouge, Louisiana 70813-2029
Phone: (225) 771-4573

Course Work:
Six courses are required to successfully complete the Certificate in Therapeutic Recreation. A minimum cumulative grade point average of 3.0 must be maintained on all the required coursework.

Required Courses
- TRLS504 Principles and Practices of Therapeutic Recreation
- TRLS 501 Advanced Program Planning in Therapeutic Recreation
- TRLS502 Therapeutic Recreation and Disability Seminar
- TRSL511 Therapeutic Recreation and Community Facilities
- TRLS 515 Therapeutic Recreation Seminar
- TRLS526 Therapeutic Recreation for Older Adults

* Completion of this certificate program allows the individual to meet one portion of the academic coursework required for the credential as a CTRS with NCTRC. Additional requirements are needed to fully qualify for the credential.

What can you do with a Certificate in Therapeutic Recreation?
This program is designed to create a pathway toward certification for RTs, and will provide you with theoretical and practical backgrounds in recreation and activity-based interventions.

The Certificate will prepare you to work in a variety of settings, including:
- Hospitals
- Ambulatory health care services
- Nursing care facilities (skilled nursing facilities)
- Residential care facilities
- Government institutions


Contact: Dr. Kathryn C. Jones, 225-771-4527 or Kathryn_jones@subr.edu