

REPORT OF MEDICAL EXAMINATION

Last Name	First Name	Middle Name	Age
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INSTRUCTIONS FOR MEDICAL EXAMINER

The standard for acceptance into the Navy ROTC College Program is the ability to fully participate in training activities. This includes strenuous physical exercise and activities which may occur in a hot and humid environment. Details of the minimum standards for the events in the NROTC Physical Fitness Assessment are listed on the reverse of this form. Defects that have the potential to result in illness or injury brought on by physical exercise should be identified. The examiner should list any condition(s) which could interfere with full and unrestricted participation. Conditions that will or are likely to require treatment particularly unresolved injuries and recurrent illness must be listed. History of immunization should be verified to the satisfaction of the medical examiner.

Height: Ft. ____ In. ____ Weight: ____ lbs. Obese: Yes ☐ No ☐ Pulse: _____ Blood Pressure: ____/____

Eyes, ears, nose: _____

Vision: Wears glasses: Yes ☐ No ☐ Wears contacts: Yes ☐ No ☐

Hemoglobin _____ Hemocrit: _____ Sickle Cell _____ (required for all applicants regardless of race)

Urinalysis: Glucose _____ Albumin _____ Blood _____

Lungs: _____ Heart: _____ Abdomen: _____ Genitalia: _____ Hernia: _____ Spine: _____

Orthopedic oriented examination (evaluation of conditions that may limit involvement in physical activities--i.e., sports, physical training, etc.):

Body Symmetry: _____ Cervical Spine Motion: _____ Upper body Flexibility: _____

Lower Body Flexibility: _____ Knee Stability: _____ Other: _____

Remarks:

It is the opinion of the medical examiner that the examinee has _____ does not have _____ a communicable (or other) disease, injury, or other condition that will restrict his/her participation in the NROTC College Program. (List any disqualifying defects above.)

Signature

Typed or printed name of medical examiner

Date

ACCEPTANCE CRITERIA FOR APPLICANTS TO THE NROTC COLLEGE PROGRAM

1. Acceptance is based upon ability to participate in strenuous physical activity and the absence of contagious disease, illness, or history of injury that will or is likely to require medical care or restriction of participation during training exercises or physical readiness testing.
2. Special attention should be given to orthopedic and cardiovascular conditions or complaints.
3. Conditions that are considered disqualifying include:
 - a. Symptomatic or recurrent orthopedic complaints
 - b. Allergies or hypersensitivity to foods, medications, or insect bites/stings
 - c. History of asthma, seizures or convulsions, head injuries requiring hospitalization, loss of consciousness
 - d. Diabetes requiring dietary restrictions or medication
 - e. History of chronic motion sickness, sleep walking, or bed wetting since age 9
4. Specific clinical examinations that are required include urinalysis, hemoglobin and/or hemocrit. When clinically indicated, laboratory test for hemoglobinopathies is recommended.
5. For purpose of this examination, there is no specific limit for defective vision. However, applicants who wear glasses or contact lenses but cannot participate in training activities that require removal of glasses (or contacts) should be reviewed on a case-by-case basis.
6. There is no provision for "waiver" of the acceptance criteria for participating in the NROTC College Program. Examining physicians may submit appropriate statements for consideration of acceptance when the examiner is of the opinion that the applicant will not encounter any restriction of participation in the program and that the condition in question does not present an unacceptable risk for aggravation or worsening as the result of participation in the activities of the program. Conditions that will require medication or treatment during the period of training should be considered as not meeting the criteria for qualification.
7. Final authority for acceptance of applicants is the Commanding Officer, NROTC Unit, Southern University, Baton Rouge, LA 70813-9214.