

**Office of Academic and Student Affairs  
Southern University and A&M College  
Bachelors of Science in Therapeutic Recreation & Leisure Studies  
2017-2020**

**FRESHMAN YEAR**

<b>FIRST SEMESTER</b>			<b>SECOND SEMESTER</b>		
<b>Course</b>	<b>No</b>	<b>Cr.</b>	<b>Course</b>	<b>No</b>	<b>Cr.</b>
English Composition	ENGL 110	3	English Composition	ENGL 111	3
Science	BIOL 238	4	Science	BIOL 239	4
Math Elective	MATH	3	Math Elective	MATH	3
*History Sequence	HIST	3	*History Sequence	HIST	3
Freshman Studies	FRMN 110	1	Freshman Studies	FRMN 111	1
**Wellness Elective		2	Intro to Sociology	SOCL 210	3
	*HIST 104 &105 OR HIST 114 & HIST 115				
	**First Aid or 2 (1) hour PHED Activity Electives				
<b>TOTAL</b>		<b>16</b>	<b>TOTAL</b>		<b>17</b>

**SOPHOMORE YEAR**

<b>First Semester</b>			<b>Second Semester</b>		
<b>Course</b>	<b>No.</b>	<b>Cr</b>	<b>Course</b>	<b>No.</b>	<b>Cr.</b>
Intro to Leisure	TRLS 200	3	Legal Foun. Of Leisure	TRLS 241	3
Intro to TR	TRLS 202	3	TR Intervention Strategies	TRLS 293	3
Phy. SCIEN ELEC	Elective	4	Foreign Lang Elective		3
ENGL	ENGL203	3	PHIL ELECTIVE	PHIL	3
Gen Psychology	PSYCH 210	3	ART ELECTIVE	ART	3
<b>TOTAL</b>		<b>16</b>	<b>TOTAL</b>		<b>15</b>

## JUNIOR YEAR

First Semester			Second Semester		
Course	No.	Cr	Course	No.	Cr.
Developmental Psych	Psych 445	3	Abnormal Psych	PSYCH 468	3
Recreation Leadership	TRLS300	3	Recreation Skills	TRLS340	3
Inclusive Rec	TRLS302	3	Rec and Area Facilities	TRLS 404	3
Gen Rec Prog	TRLS 301	3	Management of Rec	TRLS 402	3
TR Program Planning	TRLS304	3	Field Work	TRLS 311	3
Pre-Field Work Semini	TRLS310	3			
<b>TOTAL</b>		<b>18</b>	<b>TOTAL</b>		<b>15</b>

## SENIOR YEAR

First Semester			Second Semester		
Course	No.	Cr.	Course	No.	Cr.
Senior Seminar	TRLS405	3	Senior Internship	TRLS411	9
Dept Comp	TRLS000	0	Professional Issues	TRLS412	3
Camp Counseling	TRLS401	3			
Outdoor Rec	TRLS403	3			
Client Assessment	TRLS356	3			
<b>TOTAL</b>		<b>12</b>	<b>TOTAL</b>		<b>12</b>
Writing Proficiency		0	Concurrent requirement with English 111		
African American Experience		0	Can be met through elective in course already required.		
Service Learning		0	Consult with advisor		
<b>TOTAL HOURS</b>		<b>121</b>			

**\*\* Indicate options for hours to be taken**

African American Experience gained through ENGL203

**Senior Seminar TRLS405:**

Catalog Description: Senior Seminar (TRLS405) is a prerequisite for TRLS411 -- Internship Senior Internship, a requirement of all therapeutic recreation majors. Through self-assessment exercises, lectures, group work and feedback, writing, role playing, and reflection, students will be given the opportunity to: (1) Develop and analyze internship and career goals (2) Explore the characteristics of the profession including a focus on professional ethics and continuing professional development (3) Improve individual marketability for jobs (4) Additionally, students will be given the opportunity to complete the steps necessary to select and secure an internship site.