



2023

Save the Date!

American Heart Association®  
Learn and Live<sup>SM</sup>

## ATTENTION ALL UPWARD BOUND PARTICIPANTS

Each year we, the TRIO Upward Bound Programs at Southern University, participate in the annual *American Heart Association Fundraising Drive*. We have been generous donors in the past and expect the same level of generosity this year.

We are asking **EACH PARTICIPANT or FRIEND** of the TRIO Upward Bound Programs to **donate \$10.00** or more to the 2023 fundraiser. What's in it for you? First and foremost, you have the opportunity to help save a life through your donation. Second, you have the chance to create awareness in your family and community about the seriousness of heart disease.



2023 Capital Area Heart Walk  
Saturday  
March 25, 2023

DONATIONS ARE DUE BY  
**MARCH 18, 2023**

**PLEASE SEE TIMOTHY WILLIAMS**

Donations may be in the form of cash or money order.

Money orders should be made payable to the *American Heart Association*.

**If you want to donate \$25 or more, you can pay online by visiting:**

**<http://www2.heart.org/goto/triotwbatman-team>**

Thank you in advance for your generosity. If you have any questions, please call 225-771-3880.