

# FYI W/FYE

PRESENTED BY UNIVERSITY COLLEGE



**Southern University and  
A & M College**

## Keys to Success Workshop Series

VIRTUAL WORKSHOPS

“College Study Skills/Learning Styles”  
Thursday September 17, 2020  
6pm

“SAP and Academic Policies: How to Stay in  
School”  
Thursday September 24, 2020  
6pm

ZOOM Meeting Platform  
Register at:  
<https://bit.ly/3malUzU>



Prepare for Southern University Career Fair 2020

Career Services  
Location: T. H. Harris Hall  
Suite: 1100  
Please call 225-771-2200 for appointment



Carlos Brister (left) and his mentor Jalen Triplett (right)

## Sophomore Spotlight: SYE

### My Mentor and I

INTERVIEW BY JESSICA ROBINSON

Dawning upon a new adventure can be exciting and scary at the same time. Leaving home and traveling to the unknown can be frightening too. Carlos Brister, a sophomore majoring in Mechanical Engineering from Hammond, LA, shared with us how having a mentor through the Office of FYE/SYE changed his freshman year experience. Brister stated, “Without a mentor in my first-year experience, it would have been a lot harder than it was, and that having Jalen Triplett as my mentor helped me get on the right path to achieve the things I wanted to do while attending Southern University.” He recounted a time when he took the Student Government Association (SGA) test and did not pass. Although, discouraged, he reached out to his mentor, Jalen, who assisted in helping him study. Once Spring elections came around, Brister passed and became the Sophomore Class President.

Upperclassmen on this campus have seen and been through it all, thus they have many insights that can be passed on to emerging generations of Jaguars. Jalen Triplett, a senior majoring in Mechanical Engineering from Jackson, Mississippi, stepped up to the plate and chose to become a Peer Mentor. Triplett stated “I applied to become a peer mentor because of my mentor, Zackeus Johnson. He was a helpful guide during my early years at Southern University.” Once paired up with his mentee, Triplett found that he and his mentee were opposites. Brister being outgoing and Triplett being more conservative, but in no time the pair found themselves inseparable, staying in contact with each other everyday. But the learning and growing was not a one-way street. Triplett stated “...Even as a mentor, I learned things from Carlos... I definitely learned how to be more patient.”

When listening to the relationship that bonded mentor and mentee, it is true what they say, “no man is an island”.

## SOUTHERN UNIVERSITY CAREER FAIR- SEPTEMBER 29, 2020

### NEED A MENTOR?

Contact the University College  
Location: T. H. Harris Hall Suite 1075

### Follow Us!



@FYE\_SUBR  
fye@subr.edu



### MIDTERM BREAKFAST

Date: October 7, 2020  
Time: 8am-10am

SMITH-BROWN MEMORIAL UNION