



College of Nursing and Allied Health

Graduate Certificate in Therapeutic Recreation

About Program

Therapeutic Recreation, also known as recreation therapy, is a unique profession that uses recreation and activity-based interventions to help improve people's physical, emotional, cognitive, social, spiritual and leisure functioning to enjoy life more fully.

The Graduate Certificate in TR program at SUBR is for those who already have a four year degree from an accredited institution and who would like to pursue certification as a recreation therapist or continued education credits for certified professionals.

The Therapeutic Recreation Specialist, also known as a Recreation Therapist (RT), assists clients to develop skills, knowledge and behaviors for daily living and community involvement. As an RT, you will actively work with a client (and the family) to combine leisure interests and community resources together with therapy. This helps the client get the best results which in turn can help in his/her real life situation.

Upon completion of the curriculum, students may apply to take a national certification examination. Please note under the equivalency path to certification, full-time paid work experience is required instead of an academic internship experience.

Application:

Students need to hold a minimum of a bachelor's degree to enter the Certificate Program. In addition, individuals who are certified with the National Council for Therapeutic Recreation Certification (NCTRC) may wish to complete 1 or more courses to comply with continuing education requirements. The first step to declaring a Certificate in Therapeutic Recreation is to submit an application for admission to SUBR graduate school.

To meet the criteria for taking the national examination students need to have the following required courses.

Additional courses needed:	
Human Anatomy and Physiology	3 credits
Developmental Psychology	3 credits
Abnormal Psychology	3 credits

APPLICATION PROCESS

Submit an application to the Graduate School and select Therapeutic Recreation certification on the application. Along with the application, submit to the graduate college the following:

Transcripts of all undergraduate and graduate courses completed (regular Admission requires a minimum GPA of 2.7) A brief essay discussing your Reasons for wanting to work towards a Post Baccalaureate Certification in Therapeutic Recreation and 2 recommendation letters. Students are accepted during the Fall semester.

SOUTHERN UNIVERSITY SCHOOL OF NURSING CURRICULUM PLAN

SOUTHERN UNIVERSITY THERAPEUTIC RECREATION GRADUATE CERTIFICATE PLAN

P.O. Box 11794 Baton Rouge, Louisiana 70813-2029

Phone: (225) 771-4573

Course Work:

Six courses are required to successfully complete the Certificate in Therapeutic Recreation. A minimum cumulative grade point average of 3.0 must be maintained on all the required coursework.

Required Courses

TRLS504	Principles and Practices of Therapeutic Recreation
TRLS 501	Advanced Program Planning in Therapeutic Recreation
TRLS502	Therapeutic Recreation and Disability Seminar
TRLS511	Therapeutic Recreation and Community Facilities
TRLS 515	Therapeutic Recreation Seminar
TRLS526	Therapeutic Recreation for Older Adults

* Completion of this certificate program allows the individual to meet one portion of the academic coursework required for the credential as a CTRS with NCTRC. Additional requirements are needed to fully qualify for the credential.

What can you do with a Certificate in Therapeutic Recreation?

This program is designed to create a pathway toward certification for RTs, and will provide you with theoretical and practical backgrounds in recreation and activity-based interventions.

The Certificate will prepare you to work in a variety of settings, including:

- Hospitals
- Ambulatory health care services
- Nursing care facilities (skilled nursing facilities)
- Residential care facilities
- Government institutions

Nctrc.org--Paths to Certification- <https://nctrc.org/new-applicants/paths-to-certification/>

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**Southern University and A&M College
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